

Communications Technology Information

CALLS, E-MAILS AND TEXTS

Patrick R. Connelly of the Relationship Institute of New Jersey communicates with clients via phone, unencrypted e-mails, and text messages to arrange, confirm and change appointments. He encourage clients to avoid using unencrypted e-mails or texts to communicate sensitive health information, as they may not be confidential. Note that communications he receives from you/responses that he sends to you are a part of your health records. In the case of an emergency, go to the nearest emergency room or call 911. In the case of a mental health crisis, you can also call/text 988 or chat at 988lifeline.org.

WEBSITE

The Relationship Institute of New Jersey has a professional website which you are welcome to access/review. If you have questions about it, discuss them with your therapist.

SOCIAL MEDIA

Patrick R. Connelly does not accept requests to connect with current or former clients on his personal social media accounts (e.g., to be their “friends” or respond to their messages), nor does the Relationship Institute of New Jersey on its social media outlets. If you choose to follow or like the Relationship Institute of New Jersey social media sites, be aware that anyone who can access the sites can see your posts/comments and that your posts/comments/likes are published on your pages.

USE OF SEARCH ENGINES

Although it is not a regular practice for Patrick R. Connelly to search for clients on web or social media search engines, exceptions may be made in a crisis. If he has a reason to suspect you are in danger or if it becomes necessary to ensure your welfare, a search engine might be employed to try to locate you, find someone close to you, or check on your recent status updates. In such an unusual situation, he will document his actions and discuss them with you in person as early as is feasible.

BUSINESS REVIEW SITES

You may find Relationship Institute of New Jersey information included on Internet sites which list businesses. These sites may allow users to rate providers and add reviews. Many of these sites include listings without business’ knowledge/regardless of whether the business approves their inclusion. If you find this counseling practice listed on any such sites, be aware that the listing is not a request from Patrick R. Connelly for a testimonial, rating or endorsement. Due to confidentiality, he does not respond to such reviews on these sites. There is a good possibility that he never sees them.

LOCATION-BASED SERVICES (LBS)

Be aware of privacy issues related to using location-based services on your mobile devices. For example, if you have GPS tracking enabled on your phone, others viewing your history may realize you are a client due to your regular trips to the office location of the Relationship Institute of New Jersey.